

**Sunnyvale Gurukul**

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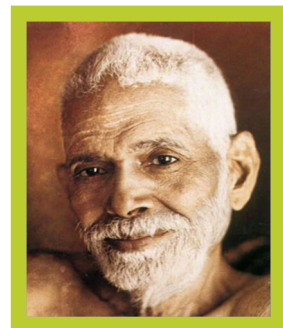
Inspirational Quotes



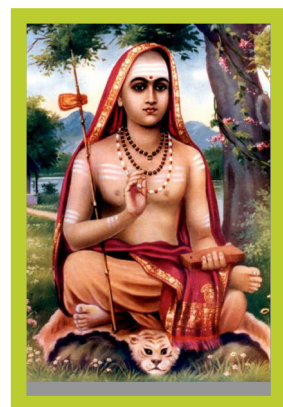
**Let positive, strong, helpful thoughts enter your brains from very childhood. Lay yourselves open to these thoughts and not weakening and paralyzing ones**



**You have to grow from the inside out. None can teach you, none can make your spiritual. There is no other teacher but your own soul.**



**No one succeeds without effort...  
Those who succeed owe their success to perseverance.**



**God is only Real.  
The world UnReal.  
The Individual is None other than God.  
You are God, If You Realize YourSELF.**

**Sunnyvale Gurukul**



1) Mission of Sunnyvale Gurukul

To make children learn basic Hindu Culture and help them practicing it in life.

2) What is Sunnyvale Gurukul?

It is a cultural teaching place where Hindu culture with high morale is taught to next generation children at various levels using stories, slokas, bhajans and discussions.

3) What is the purpose & Objective?

- a) To inculcate our next generation children to learn our ancient culture & inspire them to live up to it with correct understanding of Vedantic philosophy.
- b) To Introduce Hindu Cultural Heritage and Traditions through Puranas, Epics and Stories.
- c) To provide an environment where children can meet and share a common value system and feel a sense of identity with the Hindu Culture
- d) To build character & gives them the confidence they need to grow up in multi-racial community by interactive teaching

4. Gurkul Syllabus

Syllabus includes various devotional, philosophical and ethical topics and references to develop love towards God. This will include sections to teach what Hindu community is and how to serve them. Detailed syllabus is going to be attached for first three months of the curriculum. This will get updated and published at the end of the third month.

5. Gurukul Acharyas:

Archaryas are in house priests/gurus/Pandits of Sunnyvale Hindu temple & community center.

Sunnyvale Hindu Temple & Community Center  
(450, Persian Drive, Sunnyvale, CA-94089)

## Sunnyvale Gurukul

### Frequently asked Questions

#### **Q. Where is Sunnyvale Gurukul located?**

A. 450 Persian Drive, Sunnyvale, CA 94089,

Phone # (408) 734-0775

#### **Q. What are Sunnyvale Gurukul timings?**

A. Sloka Shishya Assembly starts @ 3pm every Sunday.  
Please be there 10 minutes early to settle down. Classes finish by 4:00 pm

#### **Q. How can I contact Sunnyvale Gurukul directly?**

A. You may contact the Sunnyvale Gurukul Coordinator at:

450, Persian Drive, Sunnyvale, CA-94089

e-mail: [sunnyvalegurukul@gmail.com](mailto:sunnyvalegurukul@gmail.com)

#### **Q. How is Sunnyvale Gurukul Organized & Administered?**

A. Sunnyvale Gurukul will have a mentor & coordinator who will work with Sunnyvale Hindu temple Acharyas to maintain students roster, registration, communicating to parents via email about progress, upcoming events & classes and class room assignments etc.

#### **Q. How to get registered to join at Sunnyvale Gurukul?**

A. Please send an email to:

[sunnyvalegurukul@gmail.com](mailto:sunnyvalegurukul@gmail.com)

with students name and age, parents name, home address and phone number.

#### **Q. What are the qualifications?**

Age Groups: 5- 8 yrs (Group-I),

Age Groups: 9- 12 yrs (Group-II)

Age Groups: 13-15 yrs (Group-III)

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## Sunnyvale Gurukul

### Syllabus and sessions

Session Details	Duration	Contents of the session	Additional notes
1 Gurukul Prayer (Invocation)	3min	Mother Earth (Bhoomi Stotram) God Poem (Muthaakaram)	
2 Sloka Class	15min	Standard Slokas (for all age groups) Specific Slokas (for different age groups)	10 slokas for 3 months
3 Exercise	5min	Surya Namaskaram Asanas	
4 Bhajan Class	15min	Simple Bhajans	3 bhajans in a year - related to temple event
5 Group Activity	10min	Play, sketches, drawings	
6 Story & Cultural Education	15min		Group Discussion
7 Gurukul Prayer (Complete)	3min	Mother Earth God Poem (Muthaakaram) Sahanavavathu vanthey matharam	