

SUNNYVALE HINDU TEMPLE AND COMMUNITY CENTER PRESENTS A FREE LECTURE!

NATURAL STRATEGIES FOR A SLUGGISH THYROID

Learn natural strategies to help the common symptoms of **SLUGGISH THYROID** which include **fatigue, slow and consistent weight gain, constipation, cold hands and feet, ridged nails, hair loss, slow mental activity, difficulty remembering & focusing, and metabolism problems.**

- ❖ Latest natural breakthrough strategies for sluggish thyroid
- ❖ Solutions for the problems of everyday substances that damage your thyroid function.
- ❖ The stress connection to the thyroid and how to overcome it.
- ❖ Strengthen the thyroid for weight loss!
- ❖ Learn specific foods that will help...and more!

DATE: Saturday, July 19, 2014
TIME: 10:00AM-12:00PM
WHERE: Sunnyvale Hindu Temple
and Community Center
450 Persian Drive
Sunnyvale, CA 94089
(408) 734-4554



Dr. Sharon & Dr. Allen Dubner, D.C.

SEATING IS LIMITED – SIGN UP BELOW!

About the Speakers: For 29 years, Dr. Sharon Dubner, D.C. and Dr. Allen Dubner D. C. have served the Silicon Valley at Dubner Family Chiropractic located in Cupertino, CA. They have helped thousands become healthier through natural methods. Their enthusiastic, fact-filled and user-friendly presentations make them popular throughout the Bay Area. For more information call Drs. Dubner D.C. at (408) 996-1042 or visit their website at www.dubnerchiropractic.com.